



The studies providing the evidence-base for the CARE program model included the following components of strong research designs:

Many years of data: All studies included multiple years of data. In particular, the single agency time series analyses included at least 11 years of data.

Multiple agencies: The primary study providing evidence of changes in staff knowledge, beliefs, and practices as well as child reported improvements in their relationships with staff and the number of serious behavioral incidents included at least 11 agencies. A separate study of one agency over 12 and 11 years provided evidence of a decrease in the use of physical restraints and psychotropic medication, respectively.

Statistical controls: Analyses of staff and child outcomes included controls for characteristics of the child, the staff, and the agency as well as the study design (e.g., nesting of observations within agency and cohort).